



Botanical Body Care Products Certification Course

Module One: Introduction and Manufacturing Forms

- Lesson 1: Getting Started
- Lesson 2: Your Supplies
- Lesson 3: Tools of the Trade
- Lesson 4: Readings
- Receiving Order Forms
- Product Manufacturing Forms

Module Two: GMP & Labeling Requirements

- Lesson 1: Good Manufacturing Practices & Labeling Requirements
- Lesson 2: GMP Readings
- Discussion GMP's

Module Three: The Skin

- Lesson 1: Understanding the Skin
- Review Quiz: The Skin
- Lesson 2: Skin Types
- Lesson 3: Ayurveda Skin Types
- Lesson 3: Seasonal Skincare

Module Four: The Base Ingredients

Lesson 1: Introduction / Amy

Lesson 2: Essential Oils

Lesson 2b: Dermal Safety and Essential Oils

Lesson 2c: Chart for Dermal Safety Limits (wash off/leave on products)

Lesson 3: Vegetable Oils

Review Quiz Vegetable Oils

Lesson 4: Herbal Oils

Lesson 4a: Manufacturing Herbal Oils

Herbal Oil Review Quiz

Lesson 5: Hydrosols

Lesson 5a: Manufacturing Hydrosols

Lesson 6: Herbal Extracts and Glycerites

Lesson 6a: Manufacturing Herbal Extracts

Review Quiz: Hydrosols and Herbal Extracts/Glycerites

Lesson 7: Butters and Waxes

Lesson 8: Gums and Thickeners

Lesson 9: Other Ingredients: Castile soap, Glycerin, etc.

Review Quiz: Butters, Waxes, Gums, Thickeners and Other Ingredients

Module Five: Product Formulation

Lesson 1: Introduction to Product Formulation

Lesson 2: Demonstration of Formulation Technique

Practical Exercise

Module Six: Oil-Based Products

Lesson 1: Formulating Oil Based Products Intro

Lesson 2: Body Oils

Lesson 3: Facial Elixirs

Lesson 4: Body Butters

Lesson 5: Body and Lip Balms

Lesson 6: Salves

Practical exercises throughout module.

Module Seven: Water-Based Products

Lesson 1: Formulating Water Based Products Intro

Lesson 2: Preservatives

Lesson 3: About Cleansers

Lesson 4: Toners

Lesson 5: Creams and Lotions

Lesson 6: Gels

Practical exercises throughout module.

Module Eight: Exfoliants, Clays and Powders

Lesson 1: Formulation Intro.

Lesson 2: Exfoliant

Lesson 3: Clays

Lesson 4: Powders

Sprout: Making cleanser with powder

Lesson 5: Body scrubs

Lesson 6: Facial Scrubs

Lesson 7: Clay mask

Practical exercises throughout module.

Module Nine: Resources

Lesson 1: Supplies Resources

Lesson 2: Resource - Associations and Certifications

Lesson 3: Other Resources

Module Ten: Completion

How to Complete this Course

Submit Paper

Graduate Directory Listing