



The School for Aromatic Studies
Supply List for Foundations of Aromatherapy Course

Essential Oils	Vegetable Oils	Other Material
<input type="checkbox"/> Roman chamomile / <i>Chamamelum nobile</i> <input type="checkbox"/> Clary sage / <i>Salvia sclarea</i> <input type="checkbox"/> Cypress / <i>Cupressus sempervirens</i> <input type="checkbox"/> Eucalyptus globulus <input type="checkbox"/> Fennel / <i>Foeniculum vulgare</i> var. dulce <input type="checkbox"/> Frankincense / <i>Boswellia carteri</i> or <i>B. frereana</i> <input type="checkbox"/> Geranium / <i>Pelargonium x asperum</i> or <i>roseum</i> <input type="checkbox"/> Ginger / <i>Zingiber officinale</i> <input type="checkbox"/> Grapefruit / <i>Citrus paradisi</i> (expressed or distilled) <input type="checkbox"/> Helichrysum / <i>Helichrysum italicum</i> <input type="checkbox"/> Juniper berry / <i>Juniperus communis</i> <input type="checkbox"/> Laurel, Bay / <i>Laurus nobilis</i> <input type="checkbox"/> Lavender / <i>Lavandula angustifolia</i> <input type="checkbox"/> Lemon / <i>Citrus limon</i> *Expressed. <input type="checkbox"/> Lemongrass / <i>Cymbopogon citratus</i> <input type="checkbox"/> Mandarin / <i>Citrus reticulata</i> <input type="checkbox"/> Sweet Orange / <i>Citrus sinensis</i> (expressed or distilled) <input type="checkbox"/> Patchouli / <i>Pogostemum cablin</i> <input type="checkbox"/> Peppermint / <i>Mentha x piperita</i> <input type="checkbox"/> Pine, Scots / <i>Pinus sylvestris</i> <input type="checkbox"/> Rosemary / <i>Rosmarinus officinalis</i> <input type="checkbox"/> Tea tree / <i>Melaleuca alternifolia</i> <input type="checkbox"/> Vetiver / <i>Vetiveria zizanioides</i> <input type="checkbox"/> Ylang ylang / <i>Cananga odorata</i>	<input type="checkbox"/> Almond, Sweet <i>Prunus amygdalis</i> var. <i>dulcis</i> <input type="checkbox"/> Jojoba <i>Simmondsia chinensis</i> <input type="checkbox"/> Sesame <i>Sesamum indicum</i> <input type="checkbox"/> Sunflower <i>Helianthus annuus</i> <input type="checkbox"/> Rose Hip <i>Rosa rubiginosa</i> <input type="checkbox"/> Tamanu Oil <i>Calophyllum inophyllum</i>	<input type="checkbox"/> Calendula herbal oil (<i>Calendula officinalis</i>) <input type="checkbox"/> Coconut <input type="checkbox"/> Beeswax <input type="checkbox"/> Castile Soap